



**Courtyard Estates
Pleasant Hill**

December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Creative Coloring 1:00 1:1's with residents 1:30 Adelphi Baptist Church 2:30 Movie	2 9:00 Coffee and Daily News 9:30 Trivia 10:45 Live 2B Healthy 12:30 Manicures 2:30 Let's Make Snack 3:00 Afternoon Social 3:30 Help set up for Dinner	3 9:00 Coffee and Daily News 10:00 Beauty Shop Opens 12:00 Games 1:00 Let's Make a Craft: Elf yourself 2:00 Music Therapy 3:00 Afternoon Social 3:30 Help set up for Dinner	4 9:00 Coffee and Daily News 9:30 Bible Study 10:00 Massage Therapist 10:45 Live 2B Healthy 1:00 Family Feud 3:00 Afternoon Social 3:30 Help set up for Dinner	5 9:00 Coffee and Daily News 10:30 Morning Moves 1:00 Bingo 2:00 Music Therapy 2:00 Noodle Ball 3:00 Afternoon Social 3:30 Help set up for Dinner 6:00 Bus Trip: Jolly Holiday Lights	6 9:00 Coffee and Daily News 9:30 Reading Chicken Soup 10:45 Live 2B Healthy 12:30 Movie and Popcom 3:00 Happy Hour 3:30 Help set up for Dinner	7 10:00 Games 1:00 Music in the dining room 2:00 1:1's with residents 3:00 Afternoon Snack and Coffee 3:30 Help set up for Dinner
8 10:00 Creative Coloring 1:00 Prairie City Church of the Brethren 1:00 1:1's with residents 2:30 Movie 3:00 Heartland Singers Concert 3:30 Help set up for Dinner	9 9:00 Coffee and Daily News 9:30 Trivia 10:45 Live 2B Healthy 12:30 Manicures 2:30 Let's Make Snack 3:00 Afternoon Social 3:30 Help set up for Dinner	10 9:00 Coffee and Daily News 10:00 Beauty Shop Opens 12:00 Games 1:00 Let's Make a Craft: Finish Elfs 2:00 Music Therapy 3:00 Afternoon Social 3:30 Help set up for Dinner	11 9:00 Coffee and Daily News 9:30 Bible Study 10:45 Live 2B Healthy 1:00 Group Puzzle 3:00 Afternoon Social 3:30 Help set up for Dinner	12 9:00 Coffee and Daily News 9:30 Music: Phil 10:30 Morning Moves 1:00 Bingo 2:00 Music Therapy 2:00 Noodle Ball 3:00 Afternoon Social 3:30 Help set up for Dinner	13 9:00 Coffee and Daily News 9:30 Reading Chicken Soup 10:45 Live 2B Healthy 12:30 Movie and Popcom 3:00 Happy Hour 3:30 Help set up for Dinner	14 10:00 Games 1:00 Family Christmas Party 1:00 Music in the dining room 2:00 1:1's with residents 3:30 Help set up for Dinner
15 10:00 Creative Coloring 1:00 1:1's with residents 2:30 Movie 3:30 Help set up for Dinner	16 9:00 Coffee and Daily News 9:30 Trivia 10:45 Live 2B Healthy 12:30 Manicures 2:30 Let's Make Snack: Gingerbread Houses 3:00 Afternoon Social 3:30 Help set up for Dinner	17 9:00 Coffee and Daily News 10:00 Beauty Shop Opens 12:00 Games 1:00 Let's Make a Craft: String Snowman 2:00 Music Therapy 3:00 Afternoon Social 3:30 Help set up for Dinner	18 9:00 Coffee and Daily News 9:30 Bible Study 10:00 Massage Therapist 10:45 Live 2B Healthy 1:00 A-Z Christmas Game 3:00 Afternoon Social 3:30 Help set up for Dinner 6:00 Bus Trip: Jolly Holiday Lights	19 9:00 Coffee and Daily News 10:30 Morning Moves 1:00 Bingo 2:00 Music Therapy 2:00 Noodle Ball 3:00 Afternoon Social 3:30 Help set up for Dinner 6:00 Alzheimer's and Memory Support	20 9:00 Coffee and Daily News 9:30 Reading Chicken Soup 10:45 Live 2B Healthy 12:30 Movie and Popcom 3:00 Happy Hour 3:30 Help set up for Dinner	21 Winter Begins 10:00 Games 1:00 Music in the dining room 2:00 1:1's with residents 3:00 Afternoon Snack and Coffee 3:30 Help set up for Dinner
22 Hanukkah Begins 10:00 Creative Coloring 1:00 1:1's with residents 2:30 Movie 3:30 Help set up for Dinner	23 9:00 Coffee and Daily News 9:30 Trivia 10:45 Live 2B Healthy 12:30 Manicures 3:00 Eggnog Social 3:30 Help set up for Dinner	24 Christmas Eve 9:00 Coffee and Daily News 10:00 Beauty Shop Opens 12:00 Games 1:00 Let's Make a Craft: Pasta Trees 2:00 Music Therapy 3:00 Afternoon Social 3:30 Help set up for Dinner	25 Christmas Day 10:00 Christmas Music in the dining room 12:30 Christmas Movie 3:00 Afternoon Social 3:30 Help set up for Dinner	26 Kwanzaa Begins 9:00 Coffee and Daily News 10:30 Morning Moves 1:00 Bingo 1:30 Resident Council 2:00 Music Therapy 2:00 Noodle Ball 3:00 Afternoon Social 3:30 Help set up for Dinner	27 9:00 Coffee and Daily News 9:30 Reading Chicken Soup 10:45 Live 2B Healthy 12:30 Movie and Popcom 3:00 Happy Hour 3:30 Help set up for Dinner	28 10:00 Games 1:00 Music in the dining room 2:00 1:1's with residents 3:00 Afternoon Snack and Coffee 3:30 Help set up for Dinner
29 10:00 Creative Coloring 1:00 1:1's with residents 1:30 Heartland Church 2:30 Movie 3:30 Help set up for Dinner	30 9:00 Coffee and Daily News 9:30 Trivia 10:45 Live 2B Healthy 12:30 Manicures 2:30 Let's Make Snack 3:00 Afternoon Social 3:30 Help set up for Dinner	31 New Year's Eve 9:00 Coffee and Daily News 10:00 Beauty Shop Opens 12:30 New Year's Party 2:00 Music Therapy 3:00 Afternoon Social: Its almost 2020 3:30 Help set up for Dinner				